

COLD DRINKS

Organic Lemonade 2.75

Organic Iced Mint Tea - Lightly Sweetened **2.75**

Pomegranate Raspberry Iced Tea - Unsweetened **2.75**

Soda Can 1.75

Spring Water 1.75

Sparkling Water 2.25

Virgil's Root Beer - Microbrewed, all natural **3.50**

HOT DRINKS

Organic Coffee Regular or Decaf 2.75

Organic Tea 2.25

Aged Earl Grey (black) • Lemon / Ginger (green)

Mint (white) • Honeybush (herbal)

Breakfast Blend (black) • Lavender (herbal)

Mint Infusion 2.25

Fresh mint leaves and hot water

NANOOSH GARDEN STATE PLAZA

Mediterranean Hummus Bar

1 Garden State Plaza

Paramus, NJ 07652

T 201.556.1300

F 201.556.1302

mediterranean
hummus bars

WEST SIDE

2012 Broadway (68th & 69th)

New York, NY 10023

T 212.362.7922

F 212.362.0916

UNION SQUARE

111 University Place

(12th & 13th)

New York, NY 10003

T 212.387.0744

F 212.387.0746

mediterranean
hummus counters

MIDTOWN/ MURRAY HILL

173 Madison Avenue

(33rd & 34th)

New York, NY 10016

T 212.447.4345

F 212.447.4349

Order Online @
nanoosh.com

nanoosh

an organic take on classic mediterranean

To-Go Menu

Order Online @
nanoosh.com

(for in-store pick-up only
at Nanoosh GS Plaza)

Nanoosh Garden State Plaza

1 Garden State Plaza

Paramus, NJ 07652

T 201.556.1300 F 201.556.1302

SOUPS

{served with your choice of whole wheat or white pita}

Tomato Soup sm/lg 3.95 /5.95

Organic tomato, celery, cucumber, organic onions, basil pesto

Lentil Soup sm/lg 3.95 /5.95

Organic lentils, organic carrots, organic onions

Butternut Squash Soup sm/lg 3.95 /5.95

Organic butternut squash, organic onions, organic potatoes, chicken broth

SALADS

{served with your choice of whole wheat or white pita}

Nanoosh Green Salad 7.25

Organic arugula, organic carrots, organic raisins, organic walnuts

Greek Salad 9.95

Organic romaine, tomato, cucumber, organic onions, kalamata olives, feta cheese

Nanoosh Garden Salad 11.25

Organic romaine, organic cherry tomatoes, organic carrots, corn, heart of palm, dry roasted edamame

Quinoa Salad 8.95

Organic quinoa, red peppers, red onions, organic walnuts, dried cranberries, organic raisins, cilantro

Tabouleh Salad 8.95

Bulgur, cucumber, tomato, red onions, organic apple, pomegranate, parsley, mint

Chicken and Pepper Salad 11.95

Organic mixed greens, all natural chicken breast, peppers, organic onions

Marinated Chicken Salad 11.95

Organic mixed greens, all natural chicken breast (warm), organic onions, tahini

Mediterranean Tuna Salad 10.95

Organic romaine, tuna, organic egg, tomato, cucumber, red onions, pepper, pickles, olives, a touch of mayo / mustard

an organic take on classic mediterranean

HUMMUS PLATES

Made fresh from organic chickpeas
{served with your choice of whole wheat or white pita}

Hummus or Hummus with Tahini 6.95

Hummus topped with

Warm chickpeas 8.95

Organic mushrooms and organic onions 8.95

Spicy sun-dried tomato 8.95

Red & green peppers 8.95

Hummus Chicken 10.95

All natural chicken breast, organic onions, tahini

Hummus Nanoosh 11.95

All natural ground beef, organic onions, organic mushrooms, tahini

Hot sauce / Olives & Pickles - available on request

WRAPS PLATTERS / BOWLS

{served in whole wheat wrap or as a bowl with your choice of a small Quinoa, Tabouleh or Mediterranean salad}

Hummus Tahini Wrap 8.95

Hummus, tahini, organic greens, Mediterranean salad

Hummus Mushroom Wrap 10.95

Hummus, tahini, organic greens, organic mushrooms, organic onions

Hummus Egg Wrap 10.95

Hummus, organic eggs, tahini, Mediterranean salad, organic greens, hot sauce

Hummus Chicken Wrap 11.75

All natural chicken breast, hummus, tahini, organic onions, organic greens

Mediterranean Tuna Wrap 10.75

Tuna, organic romaine, olives, pepper, pickles, Mediterranean salad

Nanoosh Wrap 11.95

All natural ground beef, hummus, tahini, organic onions, organic mushrooms, organic greens

Lebane Wrap 8.95

Lebane, organic greens, Mediterranean salad, XV olive oil, zaatar

TOPPINGS

Chicken, Beef, Tuna 2.75

Quinoa, Tabouleh, Mushroom, Mixed Greens, Romaine 1.75

Pine Nuts, Boiled Egg, Feta, Hummus, Sun-dried Tomato, Red & Green Peppers 1.50

Chickpeas, Onions, Tahini, Lebane, Olives, Tomato, Cucumber 1.00

SIDES

Hummus or Hummus Tahini 4.75

BabaNanoosh 4.75

Roasted eggplant, tahini, organic lemon juice, olive oil, roasted garlic, cumin

Lebane 4.75

Soft cheese from strained yogurt with XV olive oil and zaatar

Quinoa Salad 4.95

Tabouleh Salad 4.95

Mediterranean Salad 4.95

Tomato, cucumber, parsley, onion, XV olive oil, lemon juice (tahini optional)

Nanoosh Green Salad 4.95

House Green Salad 4.25

Organic romaine or organic mixed greens

Veggie Plate 3.95

Organic baby carrots, celery, broccoli

Marinated all natural chicken breast 5.95

DESSERTS

Organic Rice Pudding 4.75

Organic arborio rice, organic milk, organic sugar w/ cardamom and toasted almond or cinnamon and organic raisins

Chocolate Cake 4.95

Yogurt loaf chocolate cake, organic sun-dried apricot jam, organic pistachios

Choose Your Dressing

XV Olive Oil Citrus; Greek Feta; Walnut Grapefruit (oil free); Tahini; Citrus and Mediterranean Spices

*Many of our items are gluten-free.
Please inquire when ordering.